

## Twillingate Hospital Auxilliary Donates 49 Bedside Tables to NDBMHC.

The Notre Dame Bay Memorial Hospital Auxilliary recently donated \$19,000 towards the purchase of 49 bedside tables for patients served at the Notre Dame Bay Memorial Health Centre in Twillingate.

These bedside tables were a much needed addition to NDBMHC and we cannot thank the NDBMH Auxilliary enough for their ongoing support and generosity.

The main purpose of having a bedside table is to keep necessary items accessible before you fall asleep and after you wake up. Placing a table by the bed is also helpful if you need something in the middle of the night, as walking over to get the items while half asleep can lead to accidents. This is sure to be a benefit to all patients served at NDBMHC.



## Fly Your Car in Gander 2022

We had another successful year at Fly Your Car in Gander XI this past summer with an impressive \$3,950 raised in support of healthcare programs and services in our region!

A big thanks to Sideways Motorsports, Vinland Motorsport Inc, our marquee sponsors Action Car and Truck Accessories and Ray Electrical LTD, all of our poster sponsors, prize sponsors, and of course our outstanding participants.

### PRO RESULTS:

1. Justin Gatehouse
2. Tommy Burt
3. Curtis Walsh

### AMATEUR RESULTS:

1. Matt Melendy
2. Chris Pelley
3. Jake Fisher



The deadlines for ordering Flight of Life butterflies and Heartwood Tree leaves is:

**Friday, March 3rd**  
**Friday, June 2nd**

All orders placed on or before these dates will be put on the appropriate display.

For more information or to place an order call 256-5742.

Forms are also available at [www.cnehf.nl.ca/flight-of-life](http://www.cnehf.nl.ca/flight-of-life) or [www.cnehf.nl.ca/heartwood-tree](http://www.cnehf.nl.ca/heartwood-tree)

## CNEHF Board of Directors 2022

Our volunteer Board of Directors consists of members from our region who are dedicated to the health and well-being of the communities we serve.

Dr. Joe Tumilty, Chairperson	Adam Joyce, Director
Frank Simms, Vice-Chairperson	Gail Lush, Director
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Fergus O'Brien, Director	Richard Kendall, Director
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Yvonne Humphries, Director	Kathy Winsor, Central Health
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## I Want to Make a Donation to Support Healthcare

To make your donation please detach and send at your convenience:

I enclose my gift of:  \$ 30  \$ 50  \$ 100  Other: \$ \_\_\_\_\_

Name of Donor(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Please make cheque payable to:

**Central Northeast Health Foundation or provide credit card number:**

Mastercard / VISA \_\_\_\_\_ Expiry Date: \_\_\_\_\_

**Legacy Giving:**

CVV: \_\_\_\_\_

I have made a Bequest to the CNEHF in my Will.

**Monthly Giving Program:**

I authorize the Central Northeast Health Foundation to charge my credit card \$ \_\_\_\_\_ around the 15th of each month until further notice.

(Alternatively post dated cheques may be enclosed.)

Please send me information on how I can support our regional healthcare facilities through my Will or through a gift of Life Insurance.

**Electronic Newsletter:**

Please sign me up for the CNEHF electronic (pdf) newsletter. By doing so I understand I will not receive a copy through regular mail.

Mailing Address: Central Northeast Health Foundation Inc.  
125 Trans Canada Highway, PO Box 222  
Gander, NL A1V 1W6 (709) 256-5742

Give Today...  
For a Healthier Tomorrow

Donate Now at [www.cnehf.nl.ca](http://www.cnehf.nl.ca)

central northeast health foundation  
Charitable # 86168 3498 RR0001

**Donor Newsletter**

[www.cnehf.nl.ca](http://www.cnehf.nl.ca) Winter 2023

## "Breath of Life" Fundraiser

As most are aware, our Foundation's mission is to promote the best possible health and wellness to patients of all ages through the provision of innovative equipment, tools and technologies. This past year the Central Northeast Health Foundation was proud to support the purchase of a new Pulmonary Function System for the Respiratory Therapy department at James Paton Memorial Regional Health Centre. We committed \$125,000 to help with this purchase and thanks to our outstanding donors and various local community groups and businesses we were successful in reaching this goal.

This new Pulmonary Function System is used to perform non-invasive diagnostic testing for the benefit of patients served in our region, and will ensure that our patients with chronic lung diseases like asthma and COPD (Chronic Obstructive Pulmonary Disease) are properly diagnosed, monitored accurately and treated effectively.

We want to send a heartfelt thank you to all who donated. Several groups and individuals came forward to offer their support to our Gander residents who deal with these various lung conditions on a day to day basis. We want to send a special thank you to the Gander Co-op 50/50 Committee, the Government of Newfoundland and Labrador, Marion Little, New Found Gold, Gander Shrine Club and Canadian Tire Gander for their substantial commitments towards this system.

Thank you to everyone who made a pledge, bought a ticket, or gave their time towards this event - without you this would not be possible.





## Free Amoena Compression Bra Program

The Central Northeast Health Foundation and Verge of Wellness Inc - Medical Supplies & Uniforms are very pleased to offer the Free Amoena Compression Bra Program to patients within the central northeastern region of the province who have to undergo lumpectomy or mastectomy procedures.

Patients are fitted by a professional Amoena representative at Verge of Wellness to find the Amoena bra that is best suited to them and provides the right pressure level.

These bras are designed to apply targeted pressure to help encourage lymphatic drainage and also helps to minimize the risk of edema.

We are so excited to be able to offer this program to patients served within our region and to provide them with this small piece of support during such an already overwhelming and stressful time.

For more information about the Free Amoena Compression Bra Program please contact Natasha at 709-651-3858.



## Smile Cookie Campaign Raises Over \$25,000

Sending a big thank you to Corey Rice and all the staff at the Tim Hortons Gander locations for all their hard work, and a big thank you to all who bought cookies during Smile Cookie week in support of healthcare in our region.

This year's Tim Hortons Smile Cookie Fundraiser took place on September 19 to 25th, 2022 and raised a total of **\$25,016.42** - making the grand total raised since 2002 a whopping **\$194,913.42**.

The Central Northeast Health Foundation has been a recipient of the Gander Smile Cookie donations for over 20 years and these donations have supported many important purchases for healthcare in our region. Thanks to all the amazing and hardworking staff at all three Tim Hortons Gander locations, Lori Loder at Banting Gift & Craft Shop, and of course Corey and Sandi Rice for all they do for us year after year. See you for Smile Cookie Week 2023!



## In Loving Memory



The following individuals have been honored with an in-memoriam donation to our Foundation from January 2022 - December 2022:

Raymond Young	Noel Hart
Ivy Snow	Dorman Pickett
Jesse Oram	Charlie Ralph Jr.
Junior Anstey	Harrison Downton
Mary McKenna	Bob Russell
Sadie Chaffey	Roy Heath
Marion & Ben Wicks	Valentine Penton
Jocelyn Joy Tippet	Violet Hynes
Kent Froding	James Hoddinott
Clara Penton	Johanna Ford
Patricia Janes	Shirley Scott
Lorraine Sheppard	Myles McGrath
Frank King	

## Our Impact for 2022

The following is a list of equipment purchased through the 2021-2022 fiscal year:

Pulmonary Function System for JPMRHC	\$125,000
5 x CPM Therapy Machines for Orthopedics	\$34,000
56 x Bedside Tables for NDBMHC	\$25,000
Cuddle Bed for FIHC	\$18,000
Zoll Autopulse for NDBMHC	\$16,000
Blanket Warmer for Lakeside Homes	\$9,000
4 x Garden Benches for Bonnews Lodge	\$5,000
Blanket Warmer for JPM ICU	\$5,000
2 x Case Carts for JPM MDR	\$3,300
Tilt All Terrain Wheelchair for NDBMHC	\$2,500
3 x Temporal Thermometers for JPM ER	\$2,000
Sara Steady Patient Aid JPM ER	\$1,800
Gardening Supplies for Lakeside Homes	\$1,700
2 x Temporal Thermometers for FIHC	\$1,300
02 Saturation and Infant Sensor for JPM	\$1,100
Doppler Probe for JPM ER	\$1,000
3 x Wheeled Walkers for JPM Medical	\$1,000
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	<b>\$252,700 +</b>

Among countless other items to improve the quality of life of the patients served within the Central-Northeast region of Newfoundland. Thanks for all that you do!

## 1st Annual Fall Fundraising Gala

Thank you to everyone who joined the Central Northeast Health Foundation for our 1st Annual Fall Fundraising Gala at the Gander International Airport Lounge which took place on Wednesday, October 26th and featured Celebrity Chef Todd Perrin of Mallard Cottage.

Thanks to our generous sponsors, auction donors, and the individuals who bought tickets to this event we were successful in raising close to **\$25,000** which will be used towards the purchase of a Procedural Skills Simulation Laboratory.

The event kicked off at 6 PM with a cocktail hour including a complementary brew sample from Bumblebee Bight Brewery, and some beautifully crafted Umami Burger Sliders compliments of chef Tristan Canning of Union East & Drinks. During this time, and leading into dinner, guests were given an opportunity to bid on our 16 silent auction items.

At 7 PM guests sat down to enjoy an exciting three-course menu prepared by Chef Todd sourced from local food producers right here in our province - the meal included a lovely beet and goat cheese salad as an appetizer, served with fresh buns and molasses infused butter. This was followed by a prime rib dinner that included Yorkshire pudding, honey glazed carrots and a harvest vegetable mash all from local ingredients as the main - and the meal ended with a lovely blueberry crumble cake for dessert!

Live entertainment took place during the meal by local performer Adam Baxter of Central NL, followed by our 7 item live auction. The evening ended with the option of enjoying a safe ride home compliments of Saucy Newfoundland Co., and each guest received a takeaway gift of local samples, an Adam Young wine bag and a bottle key opener.

Thanks to all who attended this inaugural event - we hope to see you at our next fundraising gala in 2023 in partnership with the Gander Rotary Club and Aramark Canada!



(Photograph of the Gander International Airport Lounge during our Fall Fundraising Gala Event - October 26th, 2022)