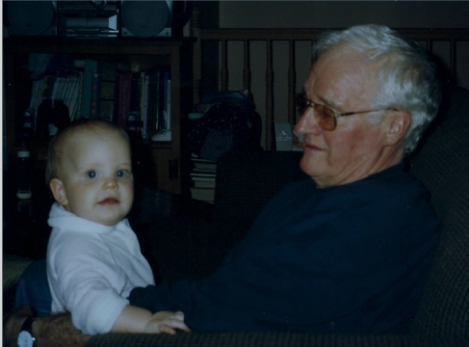


Cuddle Bed Donated in Memory of Neville Best

When the family of Neville Best of Fogo Island heard of the need for a Cuddle Bed for patients utilizing palliative care services at Fogo Island Health Centre, they immediately thought of their Uncle and how this specialized bed would’ve benefited him in his final days. It was because of this that Neville’s nephews, Glen & Jerry Best and their families, made the largest single donation Fogo Island Health Centre has ever received for the purchase of a brand new Cuddle Bed.



Neville Best

Neville was the fourth of five children of Mytrice and Thomas Best. He was a Radio Operator that worked mostly with the Bedford Institute of Oceanography aboard the Acadia and finished his career with the CSS Hudson. During his time at sea Neville traveled to many ports all over the world; circumnavigating around North and South America, including the infamous Cape Horn and through the Northwest passage in the Arctic. Occasionally he would tell of his harrowing adventures at sea. Such as the time a wave broke out the window on the bridge of the Hudson (330ft ship) off the coast of Greenland while riding out bad weather, or when their ship recovered six bodies the morning after the Ocean Ranger sank.

Following his retirement in 1987 Neville decided to move back to his hometown of Fogo. During his retirement he would remain an active community volunteer especially with St. Andrew’s Church holding various positions and involving himself with the ongoing maintenance of the church and cemeteries. Neville also served on the board of Harbourview Apartments and was actively involved in the operation of the Bleak House museum. He had a passion for genealogy, history and spent many hours reading with his cat Jake by his side.

Glen Best stated, “Although Neville was a very quiet, reserved person he made great contributions to his community and took great pride in giving back. It is for this reason it is only fitting that the newly acquired cuddle bed at the Fogo Island Health Centre be donated in Neville's memory. We hope the bed serves the public well and in times of grieving gives some comfort to families so they may be close to loved ones in their final hours and days. It is our hope that the public will continue to support the ongoing fundraising for the second bed because we feel that every bed should be a cuddle bed.” *Individuals can continue to contribute to the Cuddle Bed Fundraiser though the foundation website at www.cnehf.nl.ca.*



Pictured Above Left (L-R): Glen and Jerry Best present the donation for the new Cuddle Bed to Natasha Decker, Site Operations Manager for Fogo Island Health Centre.
Pictured Right: Fogo Island Staff Members Sharon Roebottom McKenna, RN; and Marsha Munden, LPN with the new Cuddle Bed which was donated in memory of Neville Best.

The deadlines for ordering Flight of Life butterflies and Heartwood Tree leaves is:

Friday, March 5th
Friday, June 4th

All orders placed on or before these dates will be put on the appropriate display.

For more information or to place an order call 256-5742.
Forms are also available at www.cnehf.nl.ca/flight-of-life or www.cnehf.nl.ca/heartwood-tree

Foundation Board of Directors

Our volunteer Board of Directors consists of members from our region who are dedicated to ensuring excellent healthcare programs and services continue to be available to patients, long term care residents, and clients served by Central Health.

Frank Simms, Chairperson	Mac Moss, Director
John Snow, Vice-Chairperson	Claude Elliott, Director
Linda White, Treasurer	Yvonne Humphries, Director
Hazel Bishop, Director	
Paula Mitchell, Director	Ex-Officios
Dr. Joe Tumilty, Director	Vanessa Mercer-Oldford, Ex-Officio
Fergus O’Brien, Director	Des Dillon, Ex-Officio

I Want to Make a Donation to Support Healthcare

To make your donation please detach and mail at your convenience:

I enclose my gift of: ☐ \$ 30 ☐ \$ 50 ☐ \$ 100 ☐ Other: \$ _____

Name of Donor(s): _____

Mailing Address: _____

Postal Code: _____ Telephone: _____

Email: _____

Please make cheque payable to:
Central Northeast Health Foundation or provide credit card number:

Mastercard / VISA _____ Expiry Date: _____

- Legacy Giving:**
- ☐ I have made a Bequest to the Central Northeast Health Foundation in my Will.
- ☐ Please send me information on how I can support our regional healthcare facilities through my Will or through a gift of Life Insurance.

Monthly Giving Program:

☐ I authorize the Central Northeast Health Foundation to automatically charge my credit card \$ _____ around the 15th of each month until further notice.
(Alternatively post dated cheques may be enclosed)

Electronic Newsletter:

☐ Please sign me up for the CNEHF electronic (pdf) newsletter. By doing so I understand I will not receive a copy through regular mail.

Mailing Address: Central Northeast Health Foundation Inc.
125 Trans Canada Highway, PO Box 222
Gander, NL A1V 1W6 (709) 256-5742 www.cnehf.nl.ca

Give Today...

For a

Healthier

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Charitable # 86168 3498 RR0001

Donate Now at www.cnehf.nl.ca

Donor Newsletter

www.cnehf.nl.ca Winter 2021

The ‘Spirit of Giving Fundraiser’ Shows Community Spirit

Margaret Mead once said, “ Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it’s the only thing that ever has”. And such was the case for our “Spirit of Giving Fundraiser” sponsored by Canadian Tire and Shoppers Drug Mart in Gander, which took place at Mister T’s Ultramar on November 19th. The amount of community spirit that was put forth to assist our moms and babies served in our region was overwhelming and indeed heartwarming. Thank you to the NL Department of Health and Community Services for the generous matching grant which kicked off our fundraising. Several groups and individuals came together to help out to pump gas in lieu of donations, while staff of Mister T’s accepted donations at the front counter. Thank you to our participating groups, JPM Ambulance Attendants, Team Habs, Team Leafs, Shoppers Drug Mart Staff & the Health Foundation Board of Directors. The Gander Co-op 50/50 Committee presented a generous donation of \$17,000. Mister T’s Ultramar customers and business partners contributed with a donation of \$20,000. A total of \$120,000 was pledged throughout the campaign. Thank you to everyone who made a pledge, bought a ticket, or gave of their time because without you this would not be possible. Our moms and babies served at James Paton Memorial Regional Health Centre are the real winners.



Gander Shriners Support Healthcare

Two generous donations from the Gander Shine Club will benefit our patients in the Orthopaedic Clinic and our OBS Unit at James Paton Memorial Regional Health Centre. The first is a new orthopedic cast saw, which cost \$6,146 and will be used several times a day for removing patient casts. This saw is much quieter than the previous saw, making it more comforting for our younger patients. The second donation of a Thera-Glide Rocker for OBS is a self locking glider rocker which is designed to help reduce the risk of fall and helps provide comfort and stress relief for new and expectant moms during their stay. Since 2006 the Gander Shriner's have donated over \$86,000 towards healthcare in our region.



Pictured (L-R): John Snow, Health Foundation; Kayla Kennedy, RN; Michelle Blake, Nurse Manager OBS; Dr. Joe Tumilty, Health Foundation; Linda White, Health Foundation; Scott Granville, President Gander Shrine Club; Ralph Miller, Gander Shrine Club; Nikita Manuel, RN; and Jennifer Howse, Care Facilitator/ Clinical Educator, OBS. (Photos taken January 2020)

Jim's Relay Buddies Donate for Midwifery Clinic



Pictured (L-R): Brianna Thompson, R.M. Hazel Bishop, Health Foundation; Maud Addai, R.M.; Milton Goulding; Rick Brown; Jim George; Renee Boland, R.M.; and Mac Moss, Health Foundation

Jim's Relay Buddies of Gambo made a generous donation to our new regional Midwifery program to purchase needed items for the clinic which help make it easier for families who choose natural childbirth. These resource items, which cost \$4,000, include various birthing balls, a tens unit and various educational materials. This new service, which started in January 2020, brings birth back to the community and assists families in the transition into parenthood. Our Foundation and our new midwives are extremely grateful to Jim's Relay Buddies and their donors for this important investment. Since 2010 Jim's Relay Buddies have raised over \$23,000 for health care.

Smile Cookie Campaign Raises \$16,000

Thanks to Tim Hortons in Gander for their generous donation of \$16,000 from the recent Smile Cookie Campaign. These funds will be used for priority healthcare needs that will benefit patients and families that use our facilities on a daily basis. Thanks to Corey & Sandi and their staff at Tim Hortons in Gander for their tremendous support over the years through the annual Smile Cookie campaign. And thanks to everyone who supported this fundraiser by purchasing a Smile Cookie. Since 2001, over \$148,000 has been donated towards healthcare initiatives in our region. Pictured (L-R): John Snow, Vice Chairperson, CNEHF; Elizabeth Lambert, Tim Hortons; Mac Moss, CNEHF; Maria Feltham, Tim Hortons; Corey Rice, Owner Tim Hortons, Gander; and Hazel Bishop, CNEHF.



In Loving Memory

The following individuals have been honored with an in-memoriam donation to our Foundation from January 2020 - December 2020:		
Rita & Everett Milley	Juanita Tibbo	Lew Pearce
Faye Gough	Otto Young	Florence Barrett
Elsie Coffin	Dorothy Grouchy	Luke Penton
Donna Downey	Dr. Yong-Kee Jeon	Danette Hancock
Ewen Gillard	Sylvia Forsey	Donald Gosse
Philip Samuel Brown	Jack Rowe	Shawn Torreville
Shirley Hoffe	Ivy Bursey	Elmore Stokes
Anna Hawkins	Donald McGrath	Neville Best
Freeman & Marion Hamlyn	Rhonda Waterman	Edward Parsons

Safe Ambulance Rides thanks to the Gander Rotary Club

With a generous donation from the Gander Rotary Club, our Foundation was able to purchase 21 Kangoofix Neonatal Restraining Devices for regional ambulance services. These devices, which cost, \$15,000 are designed to safely and effectively cradle and secure a newborn during ambulance transportation, allowing the baby to travel with their parent. Not only does this eliminate the need to use two vehicles and crews for transfers, but it also ensures a safer and improved environment for both mother and baby throughout the journey. Close contact between mother and baby is clinically proven to improve condition of both individuals during transfers. All acute care facilities within our healthcare region are now equipped with these devices, thanks to the generosity of the Gander Rotary Club. The funds necessary to make this purchase was the direct result the Annual Rotary Dinner & Auction held in November of 2019. Since 2006 The Gander Rotary Club have donated over \$54,000 towards healthcare programs and initiatives within our region.



Giving the Gift of Time to Grieving Families

Thank you to Jennifer Waterman who recently completed her fundraising goal to purchase a new Cuddle Cot for the OBS Department at James Paton Memorial Regional Health Centre in Gander. Thanks to Jennifer's inspiration and everyone who helped donate towards her cause, the Cuddle Cot has finally arrived. The Cuddle Cot, which cost \$4,200 is essentially a cooling bassinet for stillborn babies that slows down the natural deterioration process. This, in turn, allows families of stillborn babies to have the precious time necessary to grieve and say goodbye. Our OBS staff are very grateful to Jennifer and her supporters for their generosity and thinking of others in their time of need. This cot is currently the only one in use outside of the Janeway in St. John's and since the arrival the need to use it has been frequent. We would like to thank Artist Perry Kieley, who kindly donated a framed print "Headin' South" towards the cause and we would also like to send a very special thank you to the Gander Rotary Club for their generous donation of \$1764 towards this unit. Your kindness is appreciated by all.



Gander Lions Club Donate for Comfort & Care

More Generous community support from the Gander Lions Club as they make two donations totalling over \$31,000. The first donation of \$29,000 helped our Ophthalmology Clinic receive a new Autorefractor-Keratometre for vision care services at James Paton Memorial Regional Health Centre. This machine, which is used on a daily basis, measures the refractive error in a patient's eyes. The second was to purchase 2 comfort chairs for the Dialysis Unit Family Room at a cost of \$2,200. The Gander Lions Club have been tremendous supporters of our local hospital and have contributed greatly towards health care in our region. Since 2006 they have donated over \$185,000 towards our Foundation. We thank them for their continued commitment to the community and surrounding area.



Pictured Left: (L-R): Paulette Rideout LPN; Koren Snow NP; Don McPhail, Gander Lions Club; Marie Brett, Gander Lions Club and Claude Elliott, Health Foundation.



Pictured Right (L-R) Don McPhail, President Gander Lions Club; Marie Brett, Gander Lions Club; Dr. Esmael Sebti, Ophthalmologist, Central Health and Claude Elliott, Foundation.

Ipads Benefit Long Term Care Residents during Pandemic



Through your generous donations our foundation was pleased to support the purchase of iPads last April, during the pandemic lockdown, for residents in our long-term care facilities. These Ipads allowed our residents to interact with friends and family during this time while under visitor restrictions. Our foundation is proud to be able to support such a caring initiative to bring comfort to our seniors.

Pictured Left: Audrey Tuffin, Resident at Lakeside Homes, speaks with family. This is the first time that she has been using the iPad to chat with her family members on Facetime.

Local CCHA Chapters Benefit Newborn Hearing

Thanks to both the Gander Chapter and the Newfoundland Chapter of the Canadian Hard of Hearing Association, our Speech & Hearing Department is the grateful recipient of a new Otoacoustic Emissions Screener. This new portable screening instrument (Corti), which cost \$7,200, provides rapid measurement and documentation of Distortion Product Otoacoustic Emissions (DPOAEs) at several frequencies. DPOAEs are acoustic signals the CORTI detects in the ear canal of a newborn baby. The presence of these DPOAEs or lack thereof tells us if the baby has normal hair cell function in turn normal hearing. Knowing this result within the first few days of life, allows our Audiologists and Midwives the opportunity to facilitate the appropriate rehab during the all important stages of early childhood speech and language acquisition. Since 2003, both branches of the Canadian Hard of Hearing Association have donated over \$32,000 towards hearing initiatives in our region.



Pictured (L-R): Bonnie Kyrtsis, CHHA-Gander Branch; Dan Mahoney, President, CHHA-Gander Branch/ Vice President, CHHA- NL Branch; Wendy Reid and newborn Aaron Slyk; Katelyn Murphy, Audiology Assistant, Central Health; Fergus O'Brien, Health Foundation and Sean Kinden, Audiologist, Central Health