

Mac & Nellie Moss Endowed Fund Established

For Mac & Nellie Moss, giving back to the community that surrounds them is something that they both enjoy, take pride in and always has been a part of who they are. In 2006, Mac joined the Central Northeast Health Foundation as a member of the Board of Directors. Both he and Nellie were avid boaters at the Lewisporte Yacht Club and at that time he came forward with the idea of hosting a boating regatta to help raise needed funds. In 2007 the 1st Annual Health Foundations Regatta returned nearly \$30,000 in net proceeds and subsequently over the next 13 years raised over half a million dollars and became the signature event for the area. And it was due to their efforts that in February our Foundation was pleased to be able to announce the establishment of the “Mac & Nellie Moss Endowment Fund” with a \$50,000 commitment. Central Northeast Health Foundation Chair Frank Simms stated, “Our board of directors is pleased to be able to establish this fund in Mac & Nellie’s name. They have been such tremendous supporters of healthcare over the years and their commitment to helping raise funds, specifically through the Health Foundations Regatta, has directly resulted in over half a million dollars invested in priority programs and services throughout the Central Health Region.” Mac & Nellie understand the importance of supporting healthcare, “We know first hand how important it is to have great healthcare when it’s needed the most. We have been so grateful and fortunate over the years to combine our passion for sailing with a fundraising effort to leverage the good will of the boating community and the local businesses for the benefit of healthcare for all citizens.”

If you would like to contribute to the Mac & Nellie Moss Endowed Fund or discuss the possibility of establishing a named endowment in your own name you may do so by contacting Brian Tremblett, Executive Director, at 256-5493.

Community Efforts Benefit Twillingate Hospital

In October of 2019 members of the community of Twillingate gathered at Notre Dame Bay Memorial Health Centre for a special donor presentation. A new Cuddle Bed, which cost \$18,000, was presented to help provide palliative patients and their families with the opportunity to 'cuddle' during this time of need. This money was raised through the 2018 Annual Tree of Love campaign. At the same time, the Twillingate Lions Club presented 8 Broda Comfort wheelchairs to the facility as part of a \$23,000 donation that was made in June. These chairs will provide improved comfort and quality of life for patients requiring it. Thank you to the hospital staff, businesses, individuals, community groups, and families that supported these two important projects to improve healthcare in our region. Special thanks goes to the Twillingate Lions Club and the Notre Dame Bay Memorial Hospital Auxiliary for your continued generosity.

Pictured Above: Twillingate Lions Club present Broda Wheelchairs.

Pictured Right: Community Organizations, including members of the Twillingate Hospital Auxiliary and the Twillingate Lions Club, present Cuddle Bed for palliative care services.



The deadlines for ordering Flight of Life butterflies and Heartwood Tree leaves is:

Friday, September 4th
Friday, December 5th

All orders placed on or before these dates will be put on the appropriate display.

For more information or to place an order call 256-5742.
Forms are also available at www.cnehf.nl.ca

Foundation Board of Directors

Our volunteer Board of Directors consists of members from our region who are dedicated to ensuring excellent healthcare programs and services continue to be available to patients, long term care residents, and clients served by Central Health.

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| Frank Simms, Chairperson | Mac Moss, Director |
| John Snow, Vice-Chairperson | Claude Elliott, Director |
| Linda White, Treasurer | |
| Hazel Bishop, Director | Ex-Officios |
| Paula Mitchell, Director | Vanessa Mercer-Oldford, Ex-Officio |
| Dr. Joe Tumilty, Director | Des Dillon, Ex-Officio |
| Fergus O’Brien, Director | |

I Want to Make a Donation to Support Healthcare

To make your donation please detach and mail at your convenience:

I enclose my gift of: ☐ \$ 30 ☐ \$ 50 ☐ \$ 100 ☐ Other: \$ _____

Name of Donor(s): _____

Mailing Address: _____

Postal Code: _____ Telephone: _____

Email: _____

Please make cheque payable to:
Central Northeast Health Foundation or provide credit card number:

Mastercard / VISA _____ Expiry Date: _____

Legacy Giving:

☐ I have made a Bequest to the Central Northeast Health Foundation in my Will.

☐ Please send me information on how I can support our regional healthcare facilities through my Will or through a gift of Life Insurance.

Monthly Giving Program:

☐ I authorize the Central Northeast Health Foundation to automatically charge my credit card \$ _____ around the 15th of each month until further notice. (Alternatively post dated cheques may be enclosed)

Electronic Newsletter:

☐ Please sign me up for the CNEHF electronic (pdf) newsletter. By doing so I understand I will not receive a copy through regular mail.

Mailing Address: Central Northeast Health Foundation Inc.
125 Trans Canada Highway, PO Box 222
Gander NL A1V 1W6 Telephone (709) 256 - 5742

For a Healthier Tomorrow

central northeast health foundation
Charitable # 86168 3498 RR0001

Donor Newsletter

www.cnehf.nl.ca Spring 2020

2019 Golf for Health Supports Ophthalmology Services

Through your generous donations and the support of our 2019 Golf for Health Tournament the patients and residents in our region recieved a welcome gift of a new Slit Lamp and accessories for Ophthalmology services at James Paton Memorial Regional Health Centre.

Last year’s Golf For Health tournament saw numerous supporters of the Central Northeast Health Foundation come together at the Gander Golf Club to help raise funds for our regional Ophthalmology services.

The slit-lamp is a low-power microscope combined with a high-intensity light source that can be focused to shine in a thin beam. This gives our Ophthalmologists a clear view of the eye exterior, like the eyelids and cornea. It can also be used to examine the posterior of the eyeball if necessary. At a cost of \$42,000, the slit lamp is a welcome addition to our clinic, which sees approximately 5000 patients a year.

Dr. Esmael Sebbi, stated “As Chief of Ophthalmology at James Paton Memorial, I want to extend my sincere thanks and appreciation to the donors of the Central Northeast Health Foundation and the supporters of the 2019 Golf for Health Tournament. This new Slit Lamp will go a long way in providing the quality of service that our patients deserve and have come to expect.”



Pictured Above (L-R): Dr. Esmael Sebbi, Chief of Ophthalmology, JPMRHC; and Brian Tremblett, Executive Director, Health Foundation with the new Slit Lamp.

Pictured Right (L-R): Proceeds of 2019 Golf for Health presented to Central Health. John Snow, Vice Chairperson, CNEHF; Frank Simms, Chairperson, CNEHF; Dr. Esmael Sebbi, Chief of Ophthalmology, JPMRHC; Dave Ellis, Newfoundland Power; John Elyk, Aramark Healthcare; Fergus O’Brien, CNEHF; Ruth Cheeks, CNEHF and Vanessa Mercer-Oldford, VP People and Transformation, Central Health.



Share & Care Grants Benefit Patients

When you support the Banting Gift & Craft Shop at James Paton Memorial Regional Health Centre know that all funds go to support our regional healthcare system. Last year a \$10,000 gift was presented to our Foundation towards our Share & Care Grants from the Gift Shop. Through these grants, several comfort and care items were purchased for the benefit of our patients. Items such as a Companion Cat and daily activity board for long term care residents of the Fogo Island Health Centre; new recliner for the Emergency and Outpatient Departments at Notre Dame Bay Memorial Health Centre; 60" TV for the residents of Bonnews Lodge in New Wes Valley; play therapy materials for the Mental Health & Addictions Department at James Paton Memorial; plus much more. In all, 13 grants totaling \$11,562 were issued last year and this year another \$10,000 donation has been granted. The great thing about purchasing products from our gift shop is that 100% of the proceeds are invested back into local healthcare for the benefit of all!



Pictured:(R) Lori Loder, Coordinator, Banting Gift & Craft Shop presents a \$10,000 gift to Linda White, Treasurer, Health Foundation; and John Snow, Vice-Chairperson, Health Foundation for this years Share & Care Grants.



In Memoriam Gifts Celebrate Life of Local Doctor

Thank you to the family and friends of the late Dr. Sangeeta Somers who have made generous donations towards our foundation in her memory. These donations allowed us to purchase 3 Vital Signs Monitors for our General Surgery Unit and \$13,000 in laparoscopic instruments for the OR. Thank you to everyone who contributed in any way towards Sangeeta's memory. In Memoriam donations are a significant way to pay tribute to a relative, friend or colleague. Donations to our Foundation honor the memory of loved ones and help improve the lives of those facing health issues in central Newfoundland.



In Loving Memory

The following individuals have been honored with an in-memoriam donation to our Foundation from August 2019 - February 2020:

Elmer Small
Morley Heath
Mabel Hillier
Ella Collins
Ernest F. Batstone
Don Barry
Luke Small
Otto Young
Florence Barrett

Clifford Mercer
Juanita Tibbo
Morgan Hinchey
Lawrence Collins
Allan Bungay
Richard Hynes
Lew Pearce
Faye Gough

The Impact Of Your Donations

The following is a list of some of the investments that have been made to programs and services throughout our region in the 2019-20 fiscal year ending on March 31st. Thanks to your amazing generosity:

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| Cardio Day Holter Analysis System | \$44,473 |
| Slit Lamp & Accessories | \$42,242 |
| Sleeper/Tilt Wheelchairs x 13 | \$39,700 |
| Cuddle Beds x 2 | \$34,000 |
| Establishment of Midwifery Services | \$12,319 |
| Good News Garden Bonnews Lodge | \$10,430 |
| Shaken Baby Demonstration Models x 25 | \$5,853 |
| Cast Saw | \$6,146 |
| Evolution Wheelchairs x 2 | \$4,540 |
| Motion Composite Wheelchair | \$4,000 |
| Sleep Recorder | \$4,093 |
| Tilt Chair | \$3,300 |
| Portable Suction & Oxygen Saturation Machines | \$2,031 |
| Treatment/Exam Table | \$2,095 |
| Ipads for Long Term Care | \$2,500 |
| Share & Care Grants | \$11,562 |

Our Upcoming Priorities

In March of this year, our foundation office had to close temporarily due to the COVID-19 worldwide situation. Even though we are working from home and making the best of the situation, we still need your support. Probably now more than ever. When the pandemic hit, we had several fundraisers planned that were very important to our patients, clients, staff and supporters. Our Mother's Day Radiothon, scheduled to be held in May, was one of the special events that we had to cancel and it focused on needs in our OBS Unit and women's health areas. The Women and Children's Health Unit has had several needs since reopening in January of this year. Most importantly they are attempting to replace two outdated resuscitation/warmer cots. These units provide the necessary comfort and emergency resuscitation needs necessary for the care and safety of babies born at James Paton Memorial Regional Health Centre. As well we are looking to replace a Colposcope for our gynecology services. This Colposcope is necessary in the early detection against cervical cancer in our female patients. Statistics show that there were approximately 240 new cervical and uterine cancers in Newfoundland & Labrador in 2019. These items combine for a total commitment of approximately \$110,000. Having the most up to date equipment is vital in supporting the efforts of our medical staff. Thanks to Shoppers Drug Mart Gander and Canadian Tire in Gander who once again were committed sponsors of our Radiothon. To make a donation visit www.cnehf.nl.ca



Important Message from our Chairperson

On behalf of the Central Northeast Health Foundation Staff and Board of Directors, I want to personally thank each and every of you for your continued support of our charity over the last year. Through your commitment we've been able to expand and improve on many programs and services in our region. The Covid 19 pandemic has left our charity in a position where several of our major fundraising events had to be cancelled or postponed. Now more than ever, I encourage you to support our Foundation whatever way you can. During this time donations are still being accepted through the mail at P.O. Box 222 Gander, NL A1V 1W6 or through our website at www.cnehf.nl.ca. Thank you. Stay Safe, Stay Healthy. Frank Simms, Chairperson CNEHF



Sno Drag VII - This year we had 2 great days of snowmobile races filled with excitement. On Feb 15th and March 14th close to 100 drivers, altogether, gathered for the 7th Annual Sno Drag, sponsored by Sideways Motorsports, at the Screaming Eagles RC Club location just east of Gander. Racers from all over the island competed for best time in 25 various categories in the name of raising funds for the Central Northeast Health Foundation. In the end over \$2,470 was raised to support the OBS Department at James Paton Memorial Regional Health Centre. For more information on this years event or to register for our 9th Annual FYCIG visit www.sidewaysmotorsports.ca.

