

# “Guardian Angel” Program launched October 6, 2021

Everyday hundreds of people rely on their doctors, nurses, and other staff throughout the facilities of Central Health to provide the care they need, when they need it.

The “Guardian Angel” Program launched by the Central Northeast Health Foundation and the South and Central Health Foundation was created so patients or their family members would have the opportunity to acknowledge the exceptional care they received, while simultaneously supporting the foundations within Central Health.

Upon receipt of a nomination, the Foundation will arrange to provide notice to the nominee of the gift in their honour, along with any message the donor would like to pass along.

Each recognized caregiver will receive a pin, which they can wear with pride as a symbol of their exemplary care as a 'Guardian Angel'.

All donations will benefit patient-centered care at Central Health.

Pictured to the right and holding their certificates are two LPN’s from Bonnews Lodge who were our very first “Guardian Angel” nominees. Thanks to Debbie Jacobs and Sharon McCarthy for their exceptional work, and going above the regular call of duty to make their residents happy. Central Health is lucky to have you!



## Monthly Giving to the CNEHF

Monthly Giving is a convenient way for you to give in support of the health of others. No amount is too small. Whether its \$10, \$25, or \$50 per month, it all makes a huge difference to us, and to the patients we serve.

### Benefits to You

- Easy - It offers you an easy and secure way of becoming a partner in patient care and support so it will be ready when you and your loved ones need it most.
- Affordable - By spreading your donation out over the year, it allows you to give a large amount in small monthly increments.
- Cost Effective - Save Postage, time and the environment
- Flexibility - Donors can easily increase, decrease, pause or stop the amount given at any time.

### Benefits to Our Charity

- Ensures sustainability over time.
- Helps us plan for long term projects.
- Saves money and helps lower our administrative costs.

Contact our Foundation and speak to Danielle at 709-256-5742, or fill out the form on the back of this newsletter and email to us at [foundation@centralhealth.nl.ca](mailto:foundation@centralhealth.nl.ca), send via mail, or stop by our office in JPMRHC across from the cafeteria and the chapel to become a member of our Monthly Giving Program.

You can also visit our website at [www.cnehf.nl.ca](http://www.cnehf.nl.ca) for more information on how you can contribute to our charity!



The deadlines for ordering Flight of Life butterflies and Heartwood Tree leaves is:

**Friday, March 4th**  
**Friday, June 3rd**

All orders placed on or before these dates will be put on the appropriate display.

For more information or to place an order call 256-5742.  
Forms are also available at [www.cnehf.nl.ca/flight-of-life](http://www.cnehf.nl.ca/flight-of-life)  
or [www.cnehf.nl.ca/heartwood-tree](http://www.cnehf.nl.ca/heartwood-tree)

## Foundation Board of Directors

Our volunteer Board of Directors consists of members from our region who are dedicated to the health and well-being of the communities we serve.

Dr. Joe Tumilty, Chairperson  
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## I Want to Make a Donation to Support Healthcare

To make your donation please detach and send at your convenience:

I enclose my gift of: ☐ \$ 30 ☐ \$ 50 ☐ \$ 100 ☐ Other: \$ \_\_\_\_\_

Name of Donor(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Please make cheque payable to:

Central Northeast Health Foundation or provide credit card number:

Mastercard / VISA \_\_\_\_\_ Expiry Date: \_\_\_\_\_

### Legacy Giving:

CVV: \_\_\_\_\_

☐ I have made a Bequest to the CNEHF in my Will.

☐ Please send me information on how I can support our regional healthcare facilities through my Will or through a gift of Life Insurance.

### Monthly Giving Program:

☐ I authorize the Central Northeast Health Foundation to automatically charge my credit card \$ \_\_\_\_\_ around the 15th of each month until further notice. (Alternatively post dated cheques may be enclosed.)

### Electronic Newsletter:

☐ Please sign me up for the CNEHF electronic (pdf) newsletter. By doing so I understand I will not receive a copy through regular mail.

Mailing Address: Central Northeast Health Foundation Inc.  
125 Trans Canada Highway, PO Box 222  
Gander, NL A1V 1W6 (709) 256-5742 [www.cnehf.nl.ca](http://www.cnehf.nl.ca)

Give Today...

For a

Healthier

Tomorrow

Donate Now at  
[www.cnehf.nl.ca](http://www.cnehf.nl.ca)

Charitable # 86168 3498 RR0001

## Donor Newsletter

[www.cnehf.nl.ca](http://www.cnehf.nl.ca) Winter 2022

## “Help Give a Lift” Bus Fundraiser

Caring for our seniors is perhaps the greatest responsibility we have. Those who walked before us have given so much and made possible the life we all enjoy. - John Hoeven. Our “Help Give a Lift” bus fundraiser was broadcast live on 650 VOXM on June 17, 2021 to raise funds for the purchase of a new L3 Wheelchair Accessible Bus for the residents of Lakesides Homes and the new LTC Facility in Gander. This bus will help provide a positive lasting effect on the emotional and physical well-being of our residents, and will be sure to lift morale, which is more important now than ever before.

We want to send a heartfelt thank you to all who donated. Several groups and individuals came forward to offer their support, and certainly helped “give a lift” to our Gander residents. We want to send a special thank you to the Gander Lions Club, the Patten Family Foundation, Gander Co-op 50/50 Committee, the Government of Newfoundland and Labrador, and Tim Hortons Gander for their substantial commitments towards the bus.

We exceeded our goal of \$120,000 - with donations still arriving! The bus has been ordered and is set to arrive any day - and this is all thanks to you - our amazing donors.

Although our Radiothon looked a little different this year, and Covid-19 impacted how we did things, it did not impact the giving nature of our donors. Thank you to everyone who made a pledge, bought a ticket, or gave their time towards this event - without you this would not be possible. If you see our residents on an outing on the bus be sure to give them a wave!





**Jim’s Relay Buddies and Professional Development**  
We would like to send a heartfelt thank you to Jim's Relay Buddies (Jim George, Rick Brown, and Milton Goulding) for supporting the purchase of an Infant QCPR Trainer, a Training Manikin, as well as laryngoscope handles for JPMRHC Professional Development.

Since 2010, Jim George and his relay buddies have fundraised over \$25,000 for our foundation, and have assisted in the purchase of extremely important medical equipment for our region. Every year this group of gentlemen provides our foundation with a generous donation without fail, and we really cannot thank them enough for all they do to improve healthcare programs and services within Central Health.

These gentlemen once again completed their Relay Fundraiser at the end of 2021 and raised another \$3,500 for the benefit of health programs and services in the Gander area. Thanks again Jim, Rick and Milton for all you do.



**Smile Cookie Campaign Raises \$21,000**

The Central Northeast Health Foundation partnered with Tim Hortons in Gander for our 19th annual Smile Cookie Campaign from September 13th to the 19th and it was a tremendous success! We are once again overwhelmed by the generosity of our supporters, and we are proud to announce that a net total of **\$21,000** was raised - exceeding our record by \$5000!

Funds from the 2020 Smile Cookie Campaign helped support the purchase of the new Wheelchair Accessible Bus for Lakeside Homes and the new LTC Facility in Gander, and this year's donation will support the next priority project in our region.

Since 2002 we have been a recipient of the Gander Smile Cookie donations and a total of almost \$170,000 has been raised. These donations have supported many important purchases for healthcare in our region and we are so excited to see the next project come to fruition. Thanks to all the amazing and hardworking staff at all three Tim Hortons Gander locations, Lori Loder at Banting Gift & Craft Shop, and of course Corey and Sandi Rice for all they do for us year after year.



# In Loving Memory

The following individuals have been honored with an in-memoriam donation to our Foundation from January 2021 - December 2021:

Mary Pelley  
Edward Parsons  
Ivy Bursey  
Elmore Stokes  
Beatrice Squires  
George Jacobs Sr.  
Christine Ings  
Edna Baker  
John Albert Penney  
Charlotte Gillingham  
Chesley Abbott  
Shirley Price  
Berni Eisan  
Samuel Godwin  
Audrey James

Freeman Hamlyn  
Marion Hamlyn  
Cyril Sheppard  
Paul Fisher  
Ivy Willis  
Shirley Mills  
Kyle Keeping  
Clarence West  
Mildred Cochrane  
Gary Hopkins  
Dudley Matthews  
Raymond Lane  
Ella Sheppard  
William McKenna  
Raymond Lane

**Our Impact for 2021**

The following is a list of equipment purchased through the 2020-2021 fiscal year:

IL3 Wheelchair Accessible Bus	\$130,000
Panda/Giraffe Warmer and Accessories	\$85,000
Bonnews Lodge Good News Garden	\$40,000
46 x Bedside Tables	\$19,000
Recliner	\$12,000
Jandice Meter and Accessories	\$9,100
Furniture for Palliative Care Family Room	\$9,000
Power Stair Chair Lift	\$8,500
Breast Pumps and Stands	\$3,200
Perinatal Case Cart	\$3,000
Sleeper Chair	\$2,500
Sure Sign Monitors and Stands	\$2,000
7 x Wall Mounted Blood Pressure Cuffs	\$1,900
Outdoor Speaker System	\$1,600
Infant Crisis Mannikin	\$1,400
12 ft. Christmas Tree	\$1,100
3 x Medical Wheelchairs	\$1,000
Tranquille Glider	\$1,000
	~~~~~
	\$331,300 +

Among countless other items to improve the quality of life of the patients served within the Central-Northeast region of Newfoundland. Thanks for all that you do!

**Memorial Mural at JPMRHC Medical Unit**

The new Medical Unit at James Paton Memorial Regional Health Centre opened near the beginning of November and a beautiful Mural was installed by Papa John's Sports and Graphics in loving memory of Mr. George Burton. The Mural is of the fishing stage belonging to Mr. Burton and family located in Greenspond, NL.

George’s daughter Amy Wheeler says "Dad was one of a kind, I wish you could have met him. He was the kindest, gentlest man you'd ever want to meet. No matter how sick he was, he was always good "me dear". Everything was "me dear" with dad. He loved a laugh and so many of the nurses would carry on with him and he loved it. He loved bringing a smile to everyone's face and he could brighten anyone's day. There wasn't a bad meal at the hospital, everything was always good.

“Dad was in the fishing boat until he was 70, at that time his deteriorating health kind of took over and he had to finish fishing. It was a difficult day for him, but he knew he couldn't do it any longer. Dad lived on the water from a young boy until the age of 70. Salt water was in his blood as they say. Dad and my brother shared that stage with my two cousins, Frank and Paul.

As many may know I worked on medical for many years and palliative care was an area that meant a lot to me. I was always drawn to that area, not just the patients but their families. There's no way you could leave and not think about them- they became a part of our family in a way. Some of the palliative care patients would be there for a long time so there was no trouble to develop a connection with each of them. When I finished at the hospital, I knew that's where we would give back to. It holds a very special place in my heart, always has and always will. Just knowing these donations can possibly make the patient and their families a little more comfortable in some way is all we ask.

I remember when we first got the park and had discussed with our parents where we were going to donate the money and mentioned the palliative care unit, dads’ words, " there's no better place to give to me dear", and that's where my dad took his last breath. ❤️

We would like to thank everyone over the years for helping us raise this money, without the continued support it wouldn't be possible."

Amy, owner of Square Pond Park, has donated over \$17,000 in support of the Palliative Care Unit at JPMRHC and we are so happy to have this Mural there to pay homage to Mr. Burton and to also show our appreciation to Amy and Paul for all their support.

If you happen to be in the Medical Unit on the 3rd floor at JPMRHC, be sure to check it out!

